Text video Performing Gender - Den Bosch community

Javier Vaquero, traveling Dance Maker Spain:

With the community in Den Bosch the last two days I worked first of all on listening to them.

I tried to gain their trust at first with certain semanatic movement but also a bit like

Dynamic, in the sense that they don't get bored.

Afterwards we worked with images around gender and then we went a bit

more into memories and identity.

June Lisapaly, member of the community:

I found working with Javier very interesting, because you were challenged not to think in clichés.

Frank de Graaff member of the community:

We have worked a lot on cooperation in the group. You had to play someone else, which was very hilarious and a lot of fun. I think it’s important to play someone else because that’s how you get to know your fellow performers.

Javier Vaquero, traveling Dance Maker Spain:

I think we have a lot of in common as a kind of energetic. When I came here it almost reminded me a bit of Spain to certain energy. So I think we got a common ground from there and then another thing, we had also a kind of common point through dance. Around an energetic view or some kind. Like they named the Chi in a certain moment

Yesterday. The difference and the similarities between the Spanish and the

Den Bosch Community for me are the Spanish community is much younger, it's all LGBTQ and they are really close to activism.

While the Den Bosch Community is older, they have another style of living. There are straight, most of them, but they do have in common that both are communities

that are part of a minority, socially, or they have a common ground on respect, on bonding, on taking care of each other and I just have to realize that the only thing that I have to do as a facilitator is to change my language so that I don't rely on language but I more rely on values.

Vita Osojnik, traveling Dance Maker Slovenia:

These two days with the Den Bosch Community I was working on two things, especially connecting brain and body, re-training the brain a little bit, memorical exercises and a bit

coordination of movements.

Margy van Gerven, member of the community:

From these two days of working with Vita, I have learned to inhale and exhale properly and at the same time to let the movement go with it, left and right. At the moment when this comes together, to pause for a moment, which we also learned from Javier: the silence and tranquility.

Vita Osojnik, traveling Dance Maker Slovenia:

But the group is extremely open, extremely flexible, really funny, good sense of humour. So I will remember them especially by immediately going for everything that I propose. This is such a rare thing. This group was extremely tight and extremely connected. I mean you can see that they have their roles already, but what I like about them is that their roles are really set, but at the same time they were flexible inside my tasks. That they could really let them go. For me this is important.

Loek Middel, member of the community:

Well, she actually uses the Ying and Yang. I mean both the mind and the body, she takes that and even the combination of them.

Vita Osojnik, traveling Dance Maker Slovenia:

And here the group, since we have quite an older person inside, also got

some idea how I can take some tasks that I already have and maybe a bit different

develop them even for older participants.

So this is my first point that I do when I come back.